Central and North West London MHS

NHS Foundation Trust

Children Looked After Team

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10.03.16

Targets

All targets in December, January and February were met for initial health assessments and review health assessments from health.

Month	Target For IHA's 100%	Target for RHA's 100%	Number seen in timescales
December 2016	100%	100%	91% IHA 100% RHA
January 2017	100%	100%	47% IHA 100% RHA
February 2017	100%	100%	88% IHA 86% RHA

Monitoring Meetings

Monthly monitoring meetings continue with the CCG and Harrow Council and monthly reports are produced.

Work Undertaken

Support to Social Workers on a weekly basis both face to face and via telephone.

Monthly meetings with Morning Lane.

Monthly meetings with CAMHS YOT

Quarterly meeting with CAMHS and CLA team manager

Joint CLA health, education, YOT and Morning Lane meeting.

Delivered training for Harrow Council partnership induction.

Attendance at the Children at Risk meeting.

Attendance at MASE (multi agency sexual exploitation) panel.

Attendance at strategy meeting.

Attendance at joint adoption and fostering panel by Designated Nurse and Medical Advisor. Meeting with Harrow Council and CORAMBAAF to confirm request for medical advice/adoption medical process.

Emotional Health

SDQ's (Strength and Difficulties Questionnaire) completed on children/young people during IHA and RHA where emotional needs have been highlighted and where an SDQ has not been received.

Delivered joint training with Tier 2 Manager to Foster Carers, with a specific focus on the emotional needs of CLA and this was positively evaluated.

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Care Leavers and Health Passport Update

Specialist Nurse for CLA devised a quiz for the 'Beyond Limits' group magazine.

Attendance and presentation at leaving care forum. 37 care leavers in attendance. 25+ weighed and measured. Health information given and health promotion leaflets available.

Health stall provided a Harrow College health fair with CLA health information, TB and health resources as many Care Leavers attend Harrow College.

Helped Care Leaver aged 25 with learning disabilities, with support from her Social Worker to look at accessing her medical records from Northwick Park Hospital.

Health Passports went live in February. Plan to create health passports for all 16 and 17 year olds first. Meeting to be arranged to confirm inputting of data.

Health Promotion

Continual liaison with GP's to obtain immunisation history for our CLA both in and out of the borough as well as to follow up medical conditions. Continual liaison with school nurses and health visitors.

Health Assessments – Creative Working

1 IHA undertaken as a joint health assessment by GPwSI and Specialist Nurse for CLA for a young person with complex needs as Specialist Nurse had attended MASE meeting.

Other Activity

Delivered training to the Safeguarding Leads – Harrow CCG (30+ GP's and 2 Practice Nurses) on the health needs of CLA, the role of our team, TB screening and immunisations. Positive feedback received via email from Dr Small, Named GP for Safeguarding – Harrow CCG

Meeting with Paediatric A and E Liaison Health Visitor for Hillingdon Hospital. Agreed process for her to send A and E and UCC (urgent care centre) attendances of Harrow CLA directly to our team to enable better communication.

Thank you email received from CORAM – Harrow Adoption Partnership Manager in Designated Nurse's role in helping to prevent an adoptive placement breakdown for a Harrow child placed out of borough.

OFSTED

Preparation work for OFSTED inspection undertaken.

Designated Nurse and Specialist Nurse based themselves at Harrow Civic during OFSTED inspection.

Attendance at pre FGM meeting by Specialist Nurse for CLA and production of case study. Specialist Nurse asked by Social Worker to informally discuss above case with her and OFSTED inspector to highlight good practice and good partnership working across Health and Harrow Council.

Designated Doctor, Designated Nurse and Specialist Nurse had an interview with OFSTED inspector.

Future Plans

To continue to work in partnership with Harrow Council to improve timeliness of requests for IHA's.

To continue to gather health information about our Harrow CLA population.

Report by Emma Hedley – Designated Nurse For Children Looked After Harrow, CNWL. 10th March 2017

Appendix 1 Comments from UASC, CLA, Care Leavers, Social Worker, and Carers.

It was good (13) I enjoyed it. It's so fun but we didn't do the weighing (9) The meeting with the doctor went very well (UASC 16+) Everything was fine (16) I thought everything was really good today (10) I felt happy after this session, team being was communicating and helpful. Questions were good. (17) It was good and helpful (11) It's good (14) Worried about what might happen but did not need to worry everything was fine (7) I enjoyed it because I know what I can do to help myself in life so my life will be better in the future (10) It was very informational. I liked the new info and good length of meeting. Nice to know I've grown (14)

Very helpful for children to let their feelings and emotions let loose (Social Worker)

X's health assessment today has been lovely and very helpful in terms of getting to know her health background and development (Foster Carer)

'Emma came to see us at home and was lovely as ever. Very warm to X and my son and Emma makes sure that I understood the answers to my questions and also asked if I had any concerns about X's well-being and development. Which I asked a couple of questions about her eating, strategies and advice and also potty training. Understanding of matching panel any concerns I had are settled in my mind and I appreciate it very much. Thank you. Not last but least I look forward to seeing Emma and she always gets my son involved too.' (Foster Carer)

Thank you received from Saaydah Sagnia IRO – regarding health assessment information shared.